



H.M.S.  
Cross County Schedule  
September 2016

Coach Matt Watson



Mon	Tue	Wed	Thu	Fri
			<i>1</i>	<i>2</i> <i>Meet @ SHS</i> <i>5:00</i>
<i>5</i> Practice 3:15-4:00	<i>6</i> Practice 3:15-4:00	<i>7</i> Practice (As needed) 3:15-4:00	<i>8</i>	<i>9</i> <i>Meet @ SHS</i> <i>5:00</i>
<i>12</i> Practice 3:15-4:00	<i>13</i> Practice 3:15-4:00	<i>14</i> Practice (As needed) 3:15-4:00	<i>15</i>	<i>16</i> <i>Meet @ SHS</i> <i>5:00</i>
<i>19</i> Practice 3:15-4:00	<i>20</i> Practice 3:15-4:00	<i>21</i> Practice (As needed) 3:15-4:00	<i>22</i>	<i>23</i> <i>Meet @ SHS</i> <i>5:00</i>
<i>26</i> Practice 3:15-4:00	<i>27</i> Practice 3:15-4:00	<i>28</i> Practice (As needed) 3:15-4:00	<i>29</i>	<i>30</i> <i>Meet @ SHS</i> <i>5:00</i>

◆ All cancelled meets will be ran on the following Monday.